ንውላደይ ጸባ ጡብ ኣደ ክህባ ከለኹ ሓንስ እስማዓኒ። ምኽንያቱ ጸባ ጡብ ኣደ እቲ ዝበለጸ *መግ*ቢ ህጻን ኮይኑ ኣብ ዕብየት ኣእምሮን ኣካልን ዓቢ *ግ*ደ ስለ ዘለዎ።

"I love knowing every time I breastfeed my baby, I am giving her the best possible nutrition that builds her brain and body".

This poster has been prepared with funds provided by the Government of Ontario and the support of the Best Start Resource Centre at Health Nexus